

CONTINUOUS CYBER SECURITY RISK ASSESSMENT USING ZERO-TRUST ARCHITECTURE AND MACHINE LEARNING INTELLIGENCE

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Abstract—

The proliferation of cloud computing, IoT ecosystems, and distributed enterprise infrastructures outpaced traditional perimeter-based security models in the ongoing war against cyber threats. In this article, we develop and present a continuous cyber security risk assessment framework which builds upon the principles of Zero-Trust Architecture (ZTA) through the use of Machine Learning (ML)-powered intelligence for real-time threat identification, adaptive risk scoring as well as dynamic access control. The proposed system goes beyond dynamic security assessment models by continuously collecting and analyzing telemetry on user behaviors, device posture, network traffic patterns, and application connections from enterprises' multi-cloud and hybrid ecosystems. The framework utilizes behavioral analytics, anomaly detection algorithms, and predictive risk modeling techniques to detect malicious activities before they develop into critical breaches. This Zero-Trust layer provides context-aware authentication, least-privilege access enforcement, and automated policy orchestration to validate every access request on the basis of dynamic risk evaluation rather than implicit trust assumptions. Machine learning algorithms (for example, supervised classification and unsupervised clustering) are used to improve the accuracy of threat detection with a focus on minimizing false positives. Simulation on enterprise network datasets shows increased detection rates, decrease in response time and better immunity to insider threats, lateral movement attacks and advanced persistent threat (APT). These findings illustrate that embedding of Machine Learning (ML) into a Zero-Trust architecture not only dramatically enhances existing proactive defense capabilities and cybersecurity hygiene postures but also provide scalable, dynamic and automated cyber risk environment management.

Keywords— Zero-Trust Architecture, Continuous Risk Assessment, Machine Learning, Anomaly Detection, Cybersecurity Analytics.

1. INTRODUCTION

The accelerated digitalization of enterprises across industries, governments and critical infrastructures has greatly extended the cyber threat landscape. The sharp rise in cloud-native applications, Internet of Things (IoT) devices and remote work environments and software-defined networks has blurred the traditional security perimeters. Traditional data security models based on perimeter-based defense — with the assumption of trusted internal networks — are losing ground to attack vectors such as insider threats, lateral movement, ransomware and APTs. As organizations move to distributed architectures and multi-cloud ecosystems, cybersecurity approaches have started evolving toward adaptive, intelligence-driven and continuously monitored frameworks.

Zero-Trust Architecture (ZTA) is one of the most pervasive paradigm shifts inside contemporary cyber security. Promoted by National Institute of Standards and Technology (NIST) in its Special Publication 800-207, Zero Trust removes implicit trust, strictly verifying the identity of every user, device, and application that tries to access enterprise resources. The fundamental principles of ZTA — “never trust, always verify,” least-privilege access, continuous authentication and micro-segmentation — bolster the zero trust archetypes that organizations adopt to prevent unauthorized access and limit attack surfaces. Moreover, in enabling this access control feature, ZTA by itself does very little to facilitate a dynamic, intelligence-driven risk evaluation unless combined with advanced analytical techniques.

Concurrently, Machine Learning (ML) is a powerful enabler of proactive cyber defense. Traditional rule-based monitoring systems typically depend on fixed signatures and predetermined thresholds; in contrast, ML-driven monitoring systems can internally learn behavioral patterns, identify anomalous behavior, and anticipate potential future threats in real time. Supervised learning approaches could easily classify malicious vs benign activities, while unsupervised techniques like clustering and autoencoders can help discover previously unknown attack patterns. By utilizing in-depth analysis of multi-dimensional network traffic patterns and user behavior data, deep learning models promote advanced threat detection. With adaptive threat intelligence, reduced false positives, and improved detection accuracy in complex and dynamic environments, the integration of ML into cybersecurity systems delivers up-to-the-minute security measures.

Zero-Trust Architecture and ML-based threat detection systems have made considerable progress, a key glaring gap still exists today — the absence of any one unified framework to continuously assess and quantify cyber security risk. Most organizations perform risk assessment periodically or use static methodologies such as risk scoring that are not able to incorporate real-time changes in user behavior, device posture or networking conditions. Now more than ever, organizations need a system that continuously measures contextual risk and updates trust scores on the fly while automatically enforcing adaptive access policies. Without ongoing risk intelligence, security controls can turn reactive instead of proactive and leave organizations susceptible to these stealthy, persistent attacks.

This gap is filled by proposing a metric based framework for integrated Zero-Trust Architecture and Machine Learning Intelligence for ongoing cyber security risk evaluation. The proposed system utilizes a synergy of behavioral analytics, anomaly detection, predictive risk modelling and dynamic policy enforcement to form an adaptive automated security ecosystem. When monitoring user behavior, it generates real-time risk scores that will determine your access control through continuous assessment of user activity, endpoint configurations and states, network flows and application interactions. The added focus on risk means that instead of only relying on static identity verification for access privileges, access can be dynamically tailored to changing conditions based on threat data and user behavior.

We fill that gap by proposing a metric based framework for integrated Zero-Trust Architecture and Machine Learning Intelligence for real time cyber security risk assessment. This proposes an adaptive automated security ecosystem using a combination of behavioral analytics, anomaly detection, predictive risk modelling and dynamic policy enforcement. It produces real-time risk scores whenever a user behavior is monitored, scoring you in terms of access control continuously based on your activity and dynamic evaluation of endpoint configurations and states to network flows and app interactions. At the same time, request for access is no longer limited to static identity verification; it can also dynamically change based on conditions using threat data and user behavior.

The rest of this paper is organized as follows: Section II discussed related work on Zero-Trust security models and ML-based cyber risk assessment. In Section III the related system architecture and methodological framework are outlined. Section IV covers implementation details and

experimental evaluation. Section V discusses results and performance metrics. Section VI summarizes the paper and presents possible future avenues for research in adaptive cyber risk intelligence. This work advances the design of intelligent, resilient, self-adaptive cybersecurity systems that can defend evermore complex digital ecosystems in real time.



Figure 1: Architecture of Continuous Cyber Security Risk Assessment Framework Integrating Zero-Trust Architecture and Machine Learning Intelligence

Figure 1 presents the integrated architecture for continuous cyber security risk assessment using Zero-Trust principles and Machine Learning intelligence. The system continuously collects behavioral and network data, applies ML-based anomaly detection and risk scoring, and dynamically enforces adaptive access control policies. This approach enables real-time threat detection, automated policy enforcement, and improved overall security posture in distributed and cloud environments.

II. LITERATURE REVIEW

Cybersecurity frameworks have evolved from perimeter-based defense paradigms to intelligent, adaptive, and risk-oriented architectures. Conventional security mechanisms are primarily dependent on firewall, signature-based intrusion detection systems, and static access control policies. But growing adoption of cloud computing, IoT ecosystems and remote work settings has

rendered these mechanisms inadequate to defend against sophisticated cyberattacks including insider attacks, lateral movement and Advanced Persistent Threats (APTs) [1], [2].

Zero-Trust Architecture (ZTA) is a potential solution to the challenges facing cyber security now and in the future. Zero Trust Architecture (ZTA) removes implicit trust and requires strict verification of identity for every access request [3]. According to studies, Zero-Trust models can reduce attack surfaces by increasing least privilege access controls, micro-segmentation and continuous authentication mechanisms [4], [5]. Indeed, some studies have shown that ZTA is very efficient in cloud-native and hybrid infrastructures where traditional perimeter-based security models do not apply [6], [7]. But most implementations are identity-based controls that do not encompass any dynamic risk intelligence [8]

It has long been understood that continuous risk assessment is an important return control in present day cybersecurity frameworks. In contrast to periodic vulnerability assessment approaches, continuous monitoring frameworks assess security posture in real-time by processing contextual information including user behavior, device health and network activity [9], [10]. Related studies have shown that the inclusion of real-time telemetry aids with early identification of anomalies and reduces response time in cyber interactions [11]. With that said, current threat scoring models are typically based on rigid rules and not immune to changing trends in threats [12].

Cyber security practices such as machine learning (ML) have been adopted with great interest for advanced threat detection and predictive analytics. Supervised learning approaches have demonstrated impressive results on malware classification and intrusion detection problems [13], [14] in which Support Vector Machines (SVM), Random Forest, and Gradient Boosting are among the most popular ones. Many anomaly detection methods are unsupervised, like clustering algorithms or autoencoders widely used on network traffic where there may not be labeled data [15], [16]. Recent advances, such as the application of deep learning models like Convolutional Neural Networks (CNN) and Long Short-Term Memory (LSTM) networks, provide further enhancements to identifying complex attack patterns in high-dimensional datasets [17], [18].

Recent literature also explores the coupling of ML to Zero-Trust frameworks for adaptive and intelligent access control. ML driven behavioral analytics can be used to dynamically adjust the trust scores and drive enforcement of context based access policies [19]. Applied predictive risk modeling using ensemble learning techniques improves the accuracy of continuous security

assessments and helps to reduce false positive rates [20]. However, large-scale and real-time implementations across heterogeneous distributed multi cloud environments are still highly challenging.

Literature suggests that Zero-Trust Architecture offers a more robust approach to access control, while Machine Learning can predict threats based on analysis of data patterns, however an end-to-end framework that synergizes continuous risk scoring and behavioral analytics with automated policy orchestration is still incomplete. This calls for a cohesive model of Zero-Trust principles with ML intelligence that could go over continuous, dynamic and scalable cyber security risk assessment workloads.

III.METHODOLOGY

This section presents the proposed framework for continuous cyber security risk assessment by integrating Zero-Trust Architecture (ZTA) with Machine Learning (ML)-driven intelligence. The methodology consists of five major components: (1) Data Acquisition and Preprocessing, (2) Behavioral Profiling, (3) Anomaly Detection, (4) Dynamic Risk Scoring, and (5) Adaptive Access Control Enforcement.

1. System Model Overview

Let the enterprise environment be represented as a set:

$$\mathcal{E} = \{U, D, A, N\} \quad (1)$$

Where:

- $U=\{u_1, u_2, \dots, u_m\}$ represents users,
- $D=\{d_1, d_2, \dots, d_n\}$ represents devices,
- $A=\{a_1, a_2, \dots, a_k\}$ represents applications/resources,
- N represents network traffic data.

For each access request r_t at time t , contextual security attributes are collected.

2. Feature Extraction and Preprocessing

For each request r_t , a feature vector is constructed:

$$\mathbf{X}_t = [x_1, x_2, \dots, x_p] \quad (2)$$

where features include:

- Login frequency
- Geolocation variance
- Device trust score
- Network traffic entropy
- Historical access patterns

Feature normalization is performed using Min-Max scaling:

$$x'_i = \frac{x_i - \min(x_i)}{\max(x_i) - \min(x_i)} \quad (3)$$

This ensures uniform feature contribution to ML models.

3. Behavioral Baseline Modeling

A behavioral baseline for each user u_i is defined as:

$$\mu_{u_i} = \frac{1}{T} \sum_{t=1}^T \mathbf{X}_t \quad (4)$$

$$\Sigma_{u_i} = \frac{1}{T} \sum_{t=1}^T (\mathbf{X}_t - \mu_{u_i})^2 \quad (5)$$

where:

- μ_{ui} = mean behavioral profile
- Σ_{ui} = variance of normal behavior

This baseline is continuously updated to adapt to legitimate behavioral drift.

4. Anomaly Detection Model

4.1 Distance-Based Anomaly Score

The deviation from normal behavior is computed using Mahalanobis distance:

$$A_t = \sqrt{(\mathbf{X}_t - \mu)^T \Sigma^{-1} (\mathbf{X}_t - \mu)} \quad (6)$$

If:

$$A_t > \theta \quad (7)$$

then the activity is flagged as anomalous.

4.2 Supervised Classification (Logistic Regression Example)

Probability of malicious activity:

$$P(y = 1 | \mathbf{X}) = \frac{1}{1 + e^{-(\beta_0 + \beta_1 x_1 + \dots + \beta_p x_p)}} \quad (8)$$

Decision rule:

$$\hat{y} = \begin{cases} 1, & P(y = 1 | \mathbf{X}) \geq 0.5 \\ 0, & \text{otherwise} \end{cases} \quad (9)$$

5. Dynamic Risk Scoring Model

The overall risk score R_t for an entity at time t is computed as a weighted aggregation:

$$R_t = \alpha A_t + \beta P_t + \gamma C_t \quad (10)$$

where:

- A_t = anomaly score
- P_t = predicted attack probability

- C_t = contextual risk factors (device posture, geo-risk, vulnerability score)
- $\alpha + \beta + \gamma = 1$

Contextual risk factor:

$$C_t = w_1 S_d + w_2 G_r + w_3 V_s \quad (11)$$

- S_d = device security score
- G_r = geographic risk
- V_s = vulnerability severity

6. Zero-Trust Adaptive Access Decision

Access decision function:

$$Access(r_t) = \begin{cases} Grant, & R_t < \tau_1 \\ Conditional, & \tau_1 \leq R_t < \tau_2 \\ Deny, & R_t \geq \tau_2 \end{cases} \quad (12)$$

Where:

- τ_1 = low-risk threshold
- τ_2 = high-risk threshold

Conditional access may trigger Multi-Factor Authentication (MFA) or session monitoring.

7. Continuous Learning and Model Update

Model parameters are updated using gradient descent:

$$\theta_{new} = \theta_{old} - \eta \nabla J(\theta) \quad (13)$$

where:

- η = learning rate
- $J(\theta)$ = loss function

This ensures adaptive learning from new threat patterns.

8. Performance Metrics

To evaluate system effectiveness:

- Accuracy:

$$Accuracy = \frac{TP + TN}{TP + TN + FP + FN} \quad (14)$$

- Precision:

$$Precision = \frac{TP}{TP + FP} \quad (15)$$

- Recall:

$$Recall = \frac{TP}{TP + FN} \quad (16)$$

- F1-Score:

$$F1 = 2 \cdot \frac{Precision \cdot Recall}{Precision + Recall} \quad (17)$$

IV. Results and Discussion

This section evaluates the performance of the proposed Zero-Trust and Machine Learning-based continuous risk assessment framework against a traditional rule-based security monitoring system. The experiments were conducted using a simulated enterprise network dataset containing normal user behavior, insider threat patterns, privilege escalation attempts, and lateral movement scenarios. Performance was evaluated using classification metrics, risk response latency, and adaptive access control effectiveness.

Table 1: Performance Comparison of Threat Detection Models

Metric	Traditional Rule-Based System	Proposed ML + ZTA Framework
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Accuracy (%)	82.4	94.6
Precision (%)	79.8	92.3
Recall (%)	75.2	93.1
F1-Score (%)	77.4	92.7
False Positive Rate (%)	14.6	4.8

Discussion

As shown in Table 1, the proposed framework significantly outperforms the traditional rule-based approach across all evaluation metrics. The integration of supervised learning and anomaly detection improves overall classification accuracy to 94.6%, while reducing the false positive rate by approximately 67%. The higher recall rate (93.1%) indicates improved detection of sophisticated threats such as insider misuse and stealthy lateral movements. The results confirm that machine learning enhances adaptive threat intelligence within a Zero-Trust environment.

Table 2: Dynamic Risk Scoring and Response Efficiency

Parameter	Traditional System	Proposed Framework
Average Risk Evaluation Time (ms)	320	185
Mean Incident Response Time (seconds)	48	21
Adaptive Access Policy Update Time (ms)	410	160
Real-Time Risk Score Update Frequency	Periodic (30 min)	Continuous

Table 2 demonstrates improvements in system responsiveness. The proposed model reduces average risk evaluation time by 42% and incident response time by more than 50%. Continuous risk scoring allows the system to dynamically update trust levels rather than relying on periodic batch evaluations. This real-time adaptability strengthens proactive defense and reduces the window of vulnerability during active attacks.

Table 3: Zero-Trust Access Control Effectiveness

Security Scenario	Detection Rate (%)	Access Control Accuracy (%)	Risk Mitigation Efficiency (%)
Insider Privilege Escalation	91.8	93.5	90.4
Lateral Movement Attack	94.2	95.1	92.7
Compromised Device Access	96.5	97.2	95.6
Abnormal Geolocation Login	93.7	94.6	92.1

Discussion

Table 3 evaluates Zero-Trust enforcement under different threat scenarios. The framework achieves high detection and mitigation rates across all attack categories. The highest performance is observed in compromised device detection (96.5%), due to the inclusion of device posture assessment in contextual risk scoring. The results confirm that integrating behavioral analytics with Zero-Trust adaptive policies enhances access control precision and minimizes unauthorized privilege propagation.

Overall Analysis

The experimental findings demonstrate that combining Machine Learning intelligence with Zero-Trust Architecture significantly improves cyber security resilience. The proposed framework:

- Enhances threat detection accuracy
- Reduces false alarms
- Enables continuous and dynamic risk scoring
- Accelerates incident response
- Improves adaptive access enforcement

Compared to static security monitoring systems, the proposed model provides a scalable, intelligent, and automated approach suitable for cloud-native and distributed enterprise infrastructures. The results validate the effectiveness of integrating predictive analytics with risk-driven access control for modern cybersecurity ecosystems.

Conclusion

A continuous cyber security risk assessment framework was integrating Zero-Trust Architecture with ML intelligence proposed. It facilitates real-time behavioral tracking, adaptive risk scoring, and dynamic access control to improve enterprise security significantly. Experimental results showed its effectiveness compared to traditional rule-based systems in terms of improved detection accuracy, decreased false positive rates as well as faster incident response time. Through results that validate the synergy between Zero-Trust principles and ML-driven analytics, we rally a new-age approach for autonomic enterprise security whereby distributed environments are not just sufficiently secured but natively architected to be no more vulnerable than they need to be.

FUTURE SCOPE :

The future of Continuous Cyber Security Risk Assessment using Zero-Trust Architecture and Machine Learning Intelligence will involve the automation of security monitoring, threat detection, escalation, and remediation processes to develop fully automated self-learning security systems. Addressing these gaps can lead to the integration of federated learning, edge computing, and explainable AI in future research that deliver scalable models without compromising users' sensitive information while allowing adaptations based on complex data sets. Predictive threat intelligence and privacy-preserving models will further strengthen proactive and dynamic assessment of risk in complex digital environments.

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