

# Studies on Porous Titanium for Weight Reduction of Structural Members

Sonali Panda<sup>1</sup>, Dr. Manoj Soni<sup>2</sup>

<sup>1</sup>Research Scholar, Department of Mechanical and Automation Engineering, Indira Gandhi Delhi Technical University for Women, Kashmere Gate, Delhi-110006, India

<sup>2</sup>Department of Mechanical and Automation Engineering, Indira Gandhi Delhi Technical University for Women, Kashmere Gate, Delhi-110006, India

---

Received: 02.04.2024

Revised: 29.04.2024

Accepted: 20.05.2024

---

## ABSTRACT

Porous titanium has garnered significant attention in recent years due to its potential for reducing the weight of structural components while maintaining desirable mechanical properties. This study explores the use of porous titanium in various structural applications, emphasizing its weight-reduction capabilities without compromising strength and durability. Key areas of investigation include the fabrication processes, such as powder metallurgy and additive manufacturing, and the relationship between porosity levels and mechanical performance. Additionally, the study examines the potential use of porous titanium in industries such as aerospace, automotive, and biomedical engineering, where lightweight materials are critical. The findings highlight the benefits and challenges of using porous titanium, including its fatigue resistance, performance under extreme conditions, and cost-effectiveness. Future research directions are proposed to optimize porosity levels, enhance manufacturing techniques, and expand the application of porous titanium in larger-scale structures.

**Keywords:** Porous titanium, weight reduction, powder metallurgy, mechanical properties, automotive, biomedical implants, fatigue resistance, material optimization.

## 1. INTRODUCTION

Light weighting involves the use of advanced materials and engineering methods to enable structural elements to deliver the same, or enhanced, technical performance while using less material.

The concept has been extensively explored and utilized in many industries from automotive applications to fashion and packaging and offers significant potential in the aviation sector. Typical implementations of light-weighting have involved the use of high-performance materials such as composites and optimization of structures using computational aided engineering approaches with production enabled by advanced manufacturing methods such as additive manufacturing. The use of additive manufacturing technologies, some capable of producing composite or multi-material components is an enabler for light-weighting, as features formally associated with one principal function can be designed to fulfil multiple functionalities.

The high strength, low weight, outstanding corrosion resistance possessed by titanium and alloys have led to a wide and diversified range of successful applications which demand high levels of reliable performance in surgery and medicine as well as in aerospace, automotive, chemical plant, power generation, oil and gas extraction, sports, and other major industries

The research in this area will create valuable data for further development & design optimization with present available techniques such as 3 D printing. Porosity can be varied at different locations in a structural component to reduce the weight without compromising on other factors.

Mobility aids like walkers and walking sticks are tools that are used by seniors to maintain their balance and stability while they carry out their daily activities

### 1.1 Needs a walking stick?

A walking stick can be an invaluable aid for those who need extra support while moving around. Whether due to age, injury, balance issues, or certain medical conditions, a walking stick provides stability and confidence to its user. It helps distribute weight more evenly, reducing strain on legs and joints, and can significantly decrease the risk of falls. For some, a walking stick is a temporary tool during recovery, while for others, it becomes a permanent companion in daily life. Beyond its practical uses, a well-chosen walking stick can also be a stylish accessory, reflecting the user's personality. When considering a walking stick, it's important to choose the right height and handle style for maximum comfort and effectiveness.

While some may initially resist using a walking stick due to perceived stigma, many find that the increased mobility and independence it offers far outweigh any concerns about appearance.

## 1.2 Walking Stick for Seniors

It is imperative that special attention and care is extended while choosing a walker for a senior. Here are the attributes of a walking stick for seniors:

- Light weight
- Easy to Carry
- Great handle grip that is sweat resistant
- Durable body that can handle the body weight of seniors
- Adjustable height of walking stick
- Tripod/Quadruped at the base of walking sticks to handle excess weight

## 2. LITERATURE REVIEW

Porous titanium has gained considerable attention as a material for reducing weight in structural applications due to its exceptional mechanical properties, including a high strength-to-weight ratio, corrosion resistance, and biocompatibility. Significant progress has been made in understanding how the introduction of porosity can enhance the material's lightweight characteristics while maintaining its structural integrity. This literature review traces the evolution of research on porous titanium, highlighting key studies, fabrication techniques, mechanical properties, and industrial applications during this period.

### 2.1. Early Research (1998-2005): Foundations of Porous Titanium Development

During the late 1990s and early 2000s, research on porous titanium primarily focused on understanding its basic properties and potential applications. Early studies, such as those by **Gibson and Ashby (1998)**, laid the groundwork by developing models that related porosity to mechanical properties like strength and stiffness. These models helped to predict the behavior of porous titanium and other foamed metals, establishing a theoretical foundation for its use in structural applications.

In this period, powder metallurgy emerged as a key technique for fabricating porous titanium, allowing control over the porosity and pore size distribution. Studies by Bram et al. (2000) and Heinel et al. (2002) explored the use of powder metallurgy and space-holder methods to create porous structures with tailored properties. The use of sintering temperatures and particle sizes in powder metallurgy was crucial in optimizing mechanical properties for specific applications, including biomedical implants and load-bearing structures.

### 2.2. Advancements in Fabrication Techniques (2006-2015): Additive Manufacturing Breakthroughs

The mid-2000s to the mid-2010s witnessed rapid advancements in additive manufacturing (AM) techniques, such as selective laser melting (SLM) and electron beam melting (EBM), which revolutionized the production of porous titanium. Additive manufacturing provided unprecedented control over pore architecture, enabling the creation of complex and lightweight structures. Studies by Hrabe and Quinn (2013) and Murr et al. (2010) demonstrated the effectiveness of AM in producing porous titanium with intricate geometries and uniform pore distribution.

During this period, researchers also explored the effect of varying porosity on mechanical properties. Liu et al. (2014) conducted comprehensive studies on the relationship between porosity levels and mechanical performance, showing that increasing porosity reduces strength but offers significant weight reduction advantages. The optimization of pore size and shape allowed for the fine-tuning of mechanical properties to meet the demands of aerospace and biomedical applications.

The rise of AM also contributed to the study of titanium-based scaffolds in biomedical applications. Wen et al. (2011) explored the biocompatibility of porous titanium and its potential use in orthopedic implants, focusing on its ability to promote osseointegration and reduce the weight of medical devices. These studies helped position porous titanium as a leading material for weight-sensitive applications, especially in the biomedical field.

### 2.3 Recent Developments (2016-2021): Enhanced Mechanical Properties and Applications

In the latter half of the 2010s and into the early 2020s, research on porous titanium advanced significantly, with a focus on improving the mechanical properties of the material to expand its industrial applications. Studies by Zhang et al. (2018) and Yu et al. (2019) examined how adjusting the porosity and

pore size in titanium could lead to improved fatigue resistance, making it more suitable for long-term use in cyclic loading conditions.

The use of hybrid fabrication techniques also gained traction. Research by Zhao et al. (2020) introduced the combination of traditional powder metallurgy with AM to create composite porous structures that further enhanced the strength-to-weight ratio. These innovations allowed porous titanium to maintain its structural integrity while achieving significant weight reduction, expanding its use in industries such as aerospace, automotive, and energy.

At the same time, biomedical applications continued to be a key area of research. Lin et al. (2021) focused on developing porous titanium scaffolds with improved porosity control for implants and medical devices. These scaffolds offered better integration with bone tissues while reducing the overall weight of medical implants, addressing a critical need in orthopedic and dental applications.

#### **2.4. Challenges and Limitations (1998-2021)**

While the potential of porous titanium has been widely recognized, the literature from 1998 to 2021 also highlights several challenges and limitations that researchers have sought to address. One of the primary issues has been the high cost of production, especially with additive manufacturing techniques. Studies by Schaffer et al. (2019) emphasized the need for cost-effective methods to make porous titanium more accessible for large-scale industrial applications.

Another concern is the durability of porous titanium in extreme environments. Hall et al. (2020) raised issues regarding its performance in high-temperature or corrosive conditions, which could limit its application in fields like aerospace and marine engineering. Ongoing research has focused on surface treatments and coatings to improve its corrosion resistance and ensure long-term durability in harsh environments.

#### **3. Proposed Features Of The Research**

Walking stick for fragile senior citizens, featuring a quadruped leg design for enhanced stability. The key component, the quadruped leg, will be constructed from titanium to ensure durability and strength. To achieve weight reduction compared to conventional market offerings, porosity will be introduced at the base of the leg. The design process involves creating a porous titanium structure, followed by comprehensive stress analysis to ensure the walking stick maintains its structural integrity despite the weight reduction. The quadruped leg will be manufactured using 3D printing technology, leveraging the benefits of additive manufacturing for complex geometries. Once produced, the prototype will undergo rigorous mechanical testing to validate its performance and safety. This approach aims to create a walking aid that provides superior stability and support while being significantly lighter than traditional options, potentially improving mobility and reducing fatigue for elderly users.

#### **4. PROPOSED RESEARCH**

The research project focused on weight reduction in final assembly components without compromising strength, beginning with an extensive literature review. Using SolidWorks 2016, 3D CAD structures of porous quadruped legs were created with hexagonal, square, and circular pore geometries. ANSYS 2019R3 was employed to apply boundary conditions and perform stress analysis on these solid models. The results from various pore geometries were compiled into a research paper, which was submitted to the International Journal of Mechanical Engineering & Technology. Notably, stress analysis of porous titanium with hexagonal pore geometry yielded positive results under applied load. A 1/4 scale prototype model was 3D printed using AlSi10Mg material via Direct Metal Laser Sintering (DMLS) at the Central Tool Room and Training Centre (CTTC) in Bhubaneswar. Subsequently, a quotation was obtained for 3D printing the model using Ti6Al4V, and this printing was also completed at CTTC Bhubaneswar using DMLS. The results of the Ti6Al4V 3D printing process formed the basis of another research paper, submitted to Elsevier's Additive Manufacturing journal. To conclude the study, arrangements have been made for mechanical testing of the model at the National Metallurgical Lab and Tata Steel R&D Lab in Jamshedpur, with all necessary permissions secured.

#### **4.1 Establishment of Cad Model of Porous Titanium Quadruped Legs**

##### **4.1(a) Hexagonal Pore Geometry Quadruped Legs**

The CAD model of quadruped legs made up of hexagonal pore geometry of a walking stick made up of Ti-6AL-4V, mostly used by senior citizens has been established in Solid Works-2016. The porous CAD model of the shown in Figure 1

MATERIAL-Ti-6Al-4V

Legs: height-80mm, leg distance-150mm

Porosity-15%

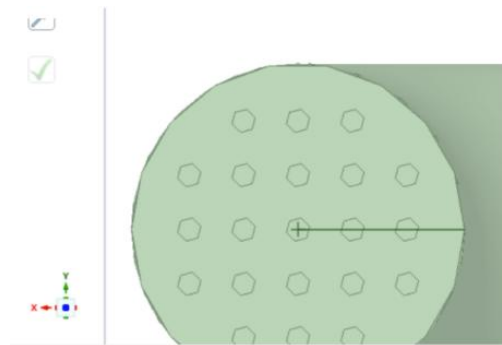
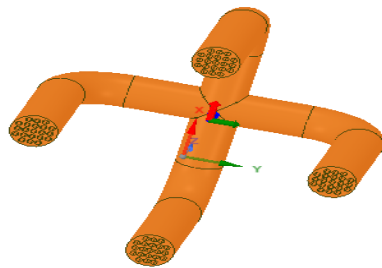


Fig.1 Hexagonal Pore geometry

Hexagonal pore geometry refers to a structural pattern where the pores or voids in a material are shaped like hexagons. In the context of your walking stick's quadruped leg:

1. **Structure:** The titanium material of the leg would contain regularly spaced hexagonal-shaped voids throughout its structure.
2. **Arrangement:** These hexagonal pores are typically arranged in a honeycomb-like pattern, which is known for its excellent strength-to-weight ratio.
3. **Purpose:** The primary goal of introducing these pores is to reduce the overall weight of the walking stick while maintaining structural integrity.
4. **Advantages:**
  - **Weight Reduction:** By removing material in a controlled manner, the overall weight of the leg is reduced.
  - **Strength Preservation:** The hexagonal shape distributes forces efficiently, helping maintain strength despite the reduced material.
  - **Stability:** The regular pattern of pores helps in maintaining balance and stability of the structure.
5. **Design Considerations:** The size, density, and distribution of these hexagonal pores would be carefully calculated based on the stress analysis results to achieve the optimal balance between weight reduction and structural strength.



Mass	355.5564 g
Volume	79012.5253mm <sup>3</sup>
Center of mass	(0, 0, 58.4498)mm
Total surface area	58984.0911mm <sup>2</sup>
Principal moment and axis	540863.558518696 g mm <sup>2</sup> (1, 0, 0)
Principal moment and axis	540863.674231578 g mm <sup>2</sup> (0, 1, 0)
Principal moment and axis	608835.281887469 g mm <sup>2</sup> (0, 0, 1)
Known relative accuracy %	0.01

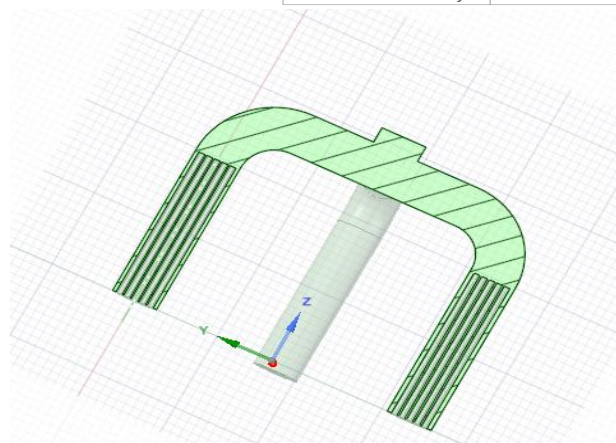


Fig. 2 Pore Geometry- Hexagonal

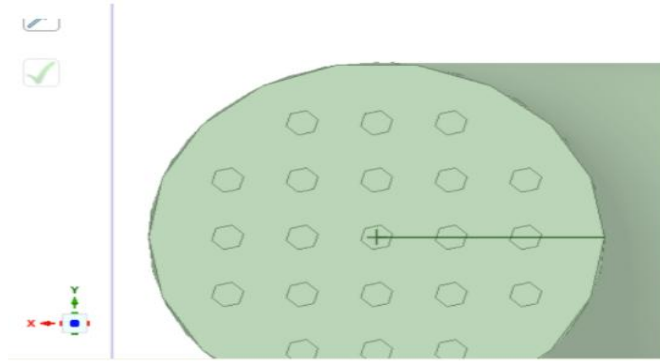


Fig. 3

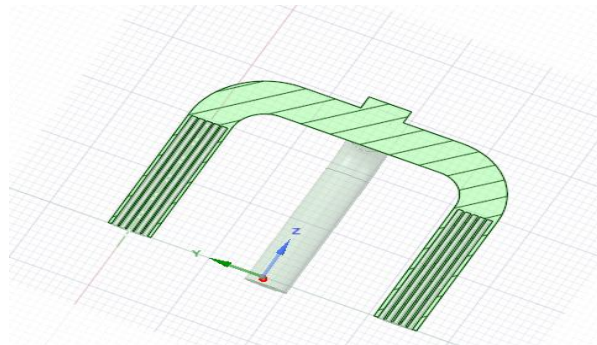


Fig. 4

4.1(b) Force Application

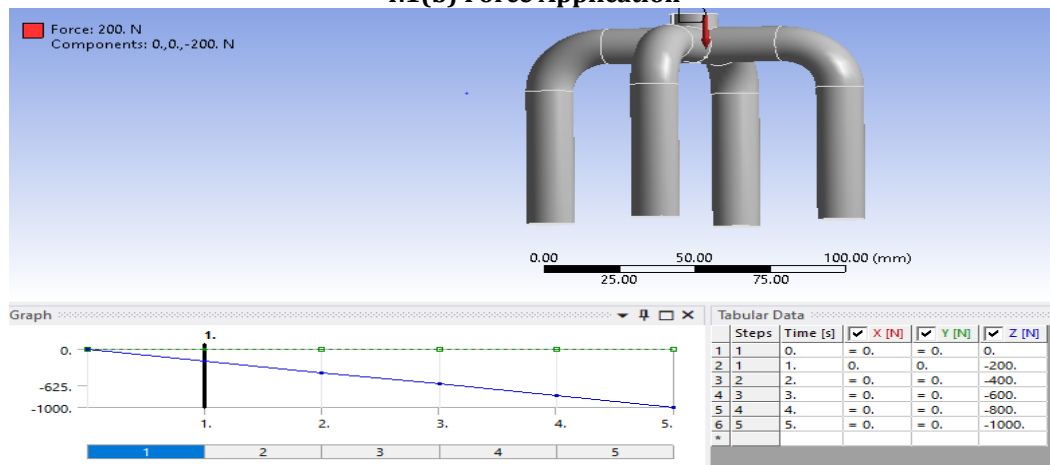


Fig. 5

4.1 (C) Equivalent Stress and Strain

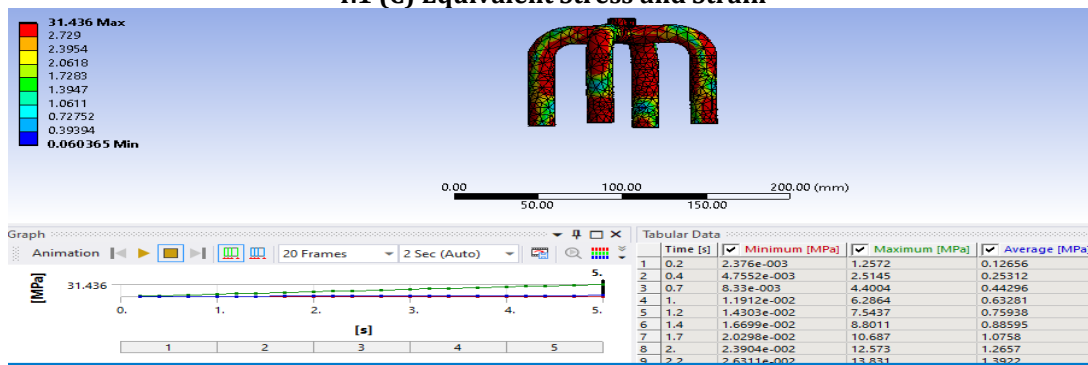


Fig. 6

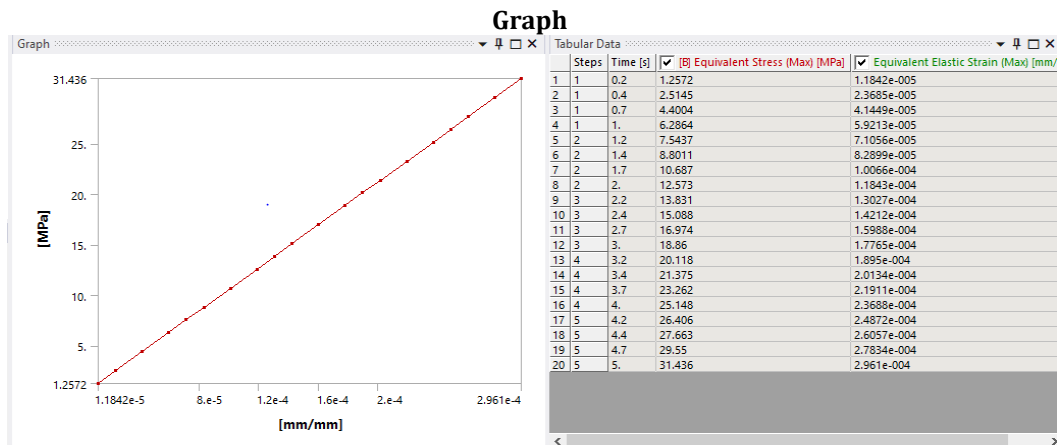


Fig. 7

4.1(D) 3D Manufacturing of Porous Titanium Quadraped Legs Using Dmls

After Stress analysis using Ansys for hexagonal pore geometry, a prototype of AlSi10Mg was first 3D printed using same parameters. Then 3D printing was done in direct metal laser sintering machine using Ti6Al4V.



Fig. 8

Job Quality Report As Received From Ctcc, Bbsr

Job Quality Report



General Information			
Job Date	February 15th 2022	Job Name	HEX_STICK_TI64
User	Eosint	Job ID	SI201420220215130420
Machine	SI2014	Machine Type	EOSINT M280_400W
PSW Ver.	3.7.60.1	Job Parameter	DEV Ti6Al4V 0.030 mm
			ERR

Job Diagnostics		Process Conditions	
2	Quality-relevant events	OK	Inert Gas Supply
0	User Interrupts	n/a	Environmental Conditions
0	Parts modified	n/a	Laser Power Monitoring
22/22	Parts built		
wrn	Maintenance Status		

Some problems were detected. Quality may be affected. Please read through the recommendations.

Durations		Heights	
Total	2 h 2 min	Job Start Z	0.030 mm (0.030 mm + 0 mm)
Warmup	n/a	Job End Z	25.020 mm (25.020 mm + 0 mm)
Building	2 h 2 min	Job Height	24.990 mm (833 Layers)
Cooldown	0 sec	Built Height	25.020 mm (834 Layers)

HWI Settings			
Beam offset	0.113 mm	Building Platform Temp.	35.00 °C
O2 Concentration	0.17 %	Process Chamber Temp.	n/a

Job Scanning		Part Summary	
X-Scaling	-0.522 %	Parts in Job	22
Y-Scaling	-0.602 %	Parts built	22
Z-Scaling	0.000 - 0.000 %	Parts not built	0
		Built with Errors	6
		Built with Warnings	0
		Built with Quality Warning	0

Fig. 9

### Process Sequence

Process Sequence for DMLS of Porous Titanium Components:

1. **CAD Modeling:** Creating the 3D model with the designed porous structure.
2. **File Preparation:** Converting the CAD model to a printable format (usually STL) and setting up the print parameters.
3. **DMLS Printing:** Layer-by-layer building of the titanium part.
4. **Removal from Build Plate:** Carefully separating the printed part from the build plate.
5. **Powder Removal:** Clearing any loose powder from the porous structure.
6. **Heat Treatment:** Applying controlled heating to improve material properties.
7. **Final Cleaning and Inspection:** Ensuring the part meets specifications.

### Pictures Before and After Heat Treatment:

#### Before Heat Treatment:

- The part would likely have a dull, matte appearance.
- The surface might appear slightly rough due to partially melted powder particles.
- The color would be a light gray, typical of raw titanium.
- Porous structures would be visible but might not be as well-defined.

#### After Heat Treatment:

- The part often has a slightly shinier appearance.
- The surface texture might be smoother as heat treatment can help fuse any remaining loose particles.
- The color might change slightly, possibly to a darker gray or with a slight golden tint, depending on the specific heat treatment process.
- Porous structures often become more defined as the material settles and stress is relieved.
- There might be a subtle change in the overall dimensions due to material relaxation during heat treatment.



Fig. 10

### Sequence

- 1<sup>st</sup> solid works model.
- Convert to stl file.
- Load in Materialise Magic's
- Import part. (Open the stl file).
- Then build preparation. (First select the part and choose the material.)
- Then choose how to keep the orientation.
- Platform to center. (Keep the model on the middle of the platform).
- Then we have to generate support. (It can be generate automatically).



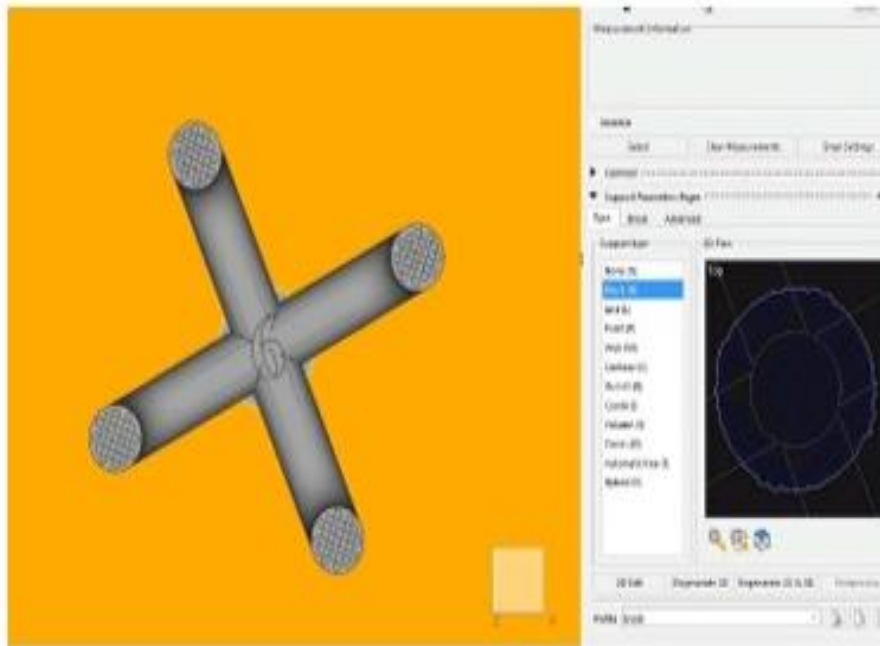


Fig. 11

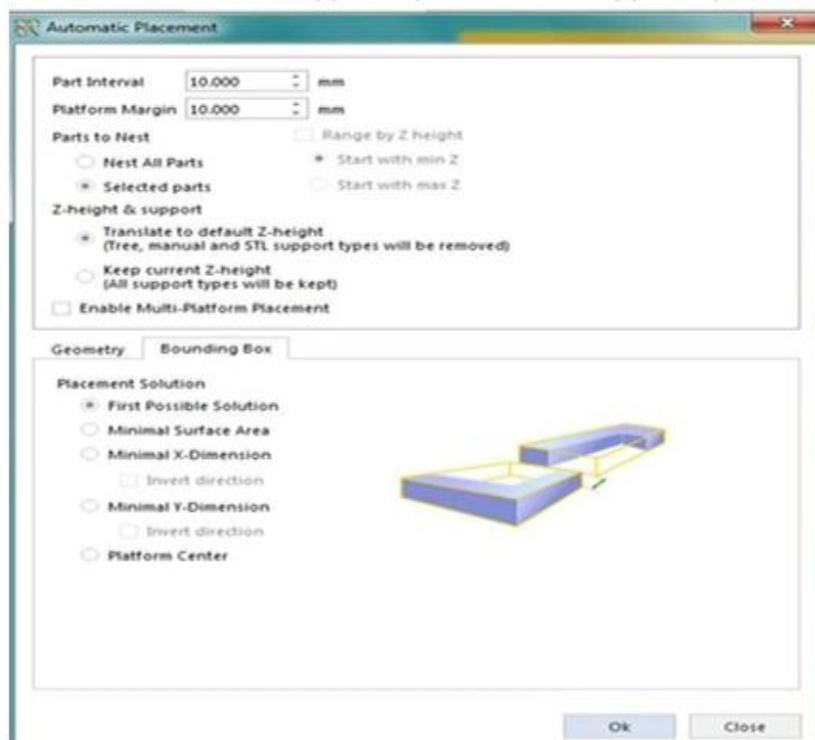


Fig. 12

- We can modify the support if unnecessary we can remove it.
- We can remove the support by unload the support option.
- It automatically takes the height of 3mm, between the part and baseplate.
- Place the job at an angle for safety concerns.
- We can manually place the support in hollow structures.
- To place it select the surface and select auto generate 2d and 3d.
- There are different types of support.



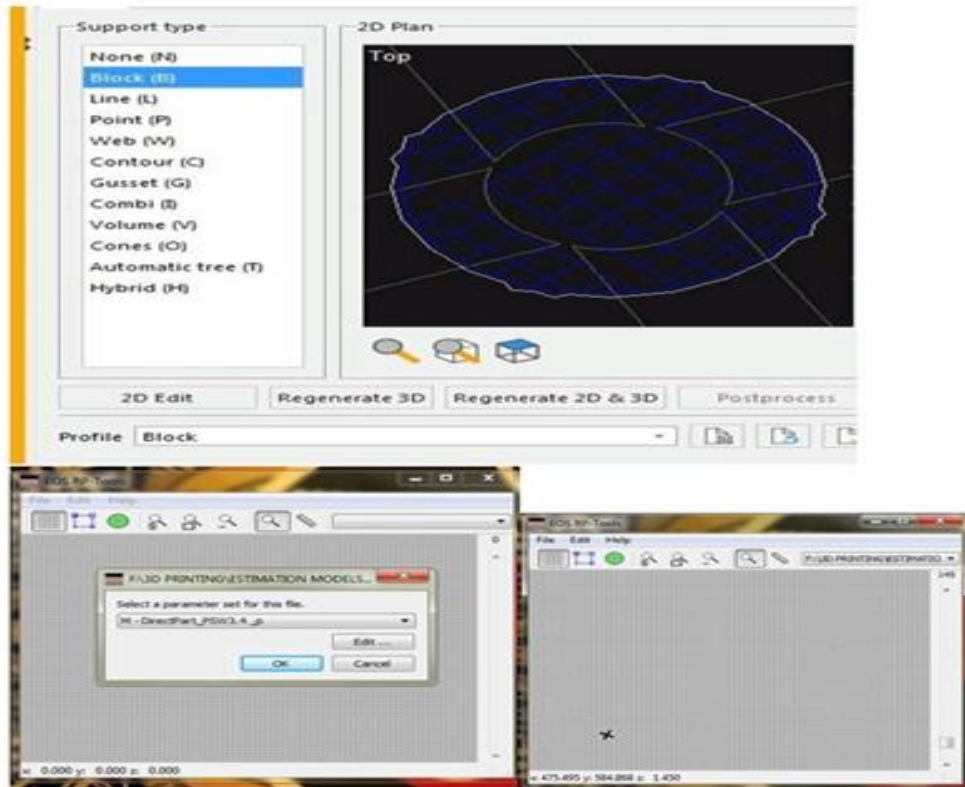


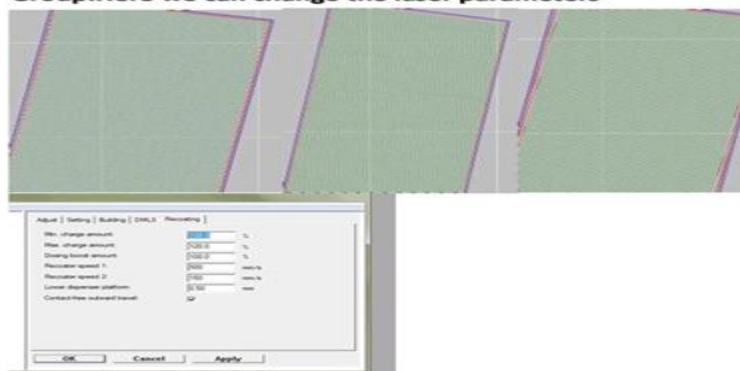
Fig. 13

- We can choose accordingly to our requirement.
- If the job of the height is high then we have to make the support strong.
- Save the file.
- Do the file as stl.
- Also save the support by exporting support.
- Select the part and support file and open in RP tool for slicing.

- Then open the PSW software.



- Select the material, open the job parameter, and create a new Group. Here we can change the laser parameters



- Save it in \*.eosjob, \*.eosjz format
- Then open the file in the machine.

Fig. 14

- Then open the PSW software.
- Select the material, open the job parameter, and create a new Group. Here we can change the laser parameters.
- Save it in \*easjob,\* eosjz format
- Then open the file in the machine.

#### Pictures Taken Before & After Heat Treatment

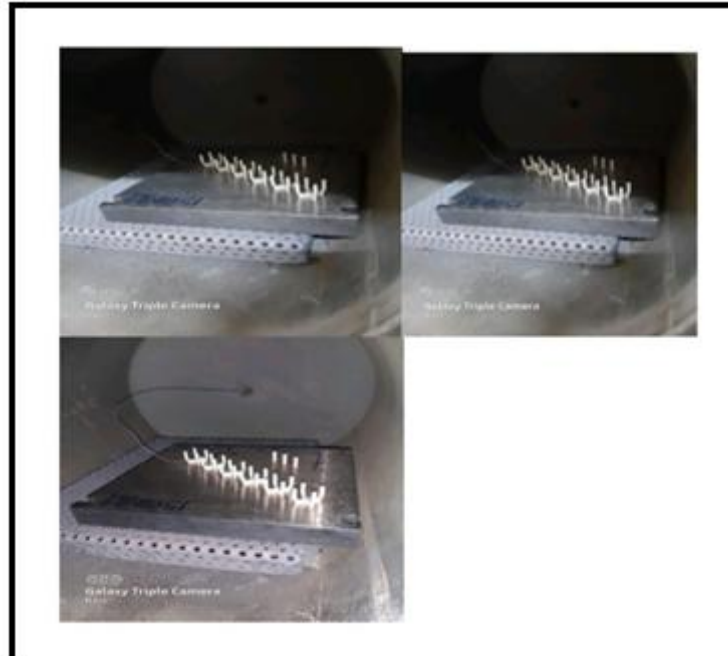


Fig. 15



Fig. 16

The process of 3D manufacturing porous titanium quadruped legs using Direct Metal Laser Sintering (DMLS)

1. **Stress Analysis:** The process began with stress analysis using ANSYS software, focusing on the hexagonal pore geometry. This step was crucial to ensure that the design would meet the required strength and stability while achieving weight reduction.

2. **Prototype with AlSi10Mg:** Before proceeding with the final titanium model, a prototype was created using AlSi10Mg (an aluminum alloy). This step served several purposes:
  - Verification of the design's printability
  - Testing of the printing parameters
  - Providing a physical model for initial assessment
  - Cost-effective way to identify any potential issues before using the more expensive titanium material
3. **Titanium (Ti6Al4V) 3D Printing:** Once the prototype was successful, the final model was printed using Ti6Al4V (a titanium alloy) in a DMLS machine. Here's a breakdown of the DMLS process: a) Material Preparation: Ti6Al4V powder is spread evenly across the build platform. b) Laser Sintering: A high-powered laser selectively melts and fuses the titanium powder particles according to the 3D model's cross-sectional data. c) Layer Building: The build platform lowers slightly, and a new layer of powder is spread. The process repeats, building the part layer by layer. d) Hexagonal Pore Formation: The laser selectively skips areas where pores are designed, leaving those regions unfused. e) Post-Processing: After printing, the part may undergo heat treatment, surface finishing, or other post-processing steps to enhance its properties.
4. **Advantages of DMLS for This Application:**
  - Ability to create complex internal structures (like hexagonal pores) that would be impossible with traditional manufacturing methods
  - High precision in reproducing the designed pore geometry
  - Excellent material properties of the final part, suitable for a load-bearing application like a walking stick leg
5. **Considerations:**
  - The printing parameters (like laser power, scan speed, layer thickness) would have been optimized based on the experience with the AlSi10Mg prototype and adjusted for Ti6Al4V properties.
  - Special attention would have been given to ensure the porous structure was accurately reproduced, as this is critical for both weight reduction and maintaining strength.
  - This approach of prototyping with a less expensive material before moving to the final titanium print is a smart strategy, allowing for refinement of the design and process before committing to the more costly titanium production.

## 5. Future Work

1. Mechanical testing will be done in National Metallurgical lab & Tata Steel R & D lab, Jamshedpur
2. Research paper will be constituted based on mechanical testing results
3. **Optimization of Porosity Levels:**
  - Future research could focus on optimizing the porosity of titanium to strike a balance between weight reduction and mechanical properties such as strength and durability. This could involve developing new methods or improving existing ones for controlling the porosity during manufacturing processes like powder metallurgy or additive manufacturing.
4. **Performance in Extreme Environments:**
  - Further studies should be conducted to assess the performance of porous titanium under extreme environmental conditions, such as high temperatures, corrosive environments, or intense mechanical stress. This would provide critical insights into its potential use in aerospace and automotive industries.
5. **Multi-Material Composites:**
  - Investigating the integration of porous titanium with other materials, such as carbon fibers or other lightweight metals, could lead to the development of advanced composites with enhanced properties like improved stiffness-to-weight ratio or better thermal conductivity.
6. **Fatigue and Fracture Behavior:**
  - An important area for future research is the detailed study of fatigue and fracture mechanics of porous titanium under cyclic loading. Understanding the long-term performance in real-world applications, particularly for structural components subjected to repetitive stress, would be crucial.
7. **Cost-Effective Manufacturing Techniques:**
  - Research on reducing the cost of manufacturing porous titanium, while maintaining the desired mechanical properties, should be prioritized. This could involve exploring new alloying elements

or novel production methods like 3D printing, which can produce complex porous structures at lower costs.

## 6. CONCLUSION

The extensive body of research on porous titanium showcases its considerable potential as a material for weight reduction in structural members. Its lightweight properties, combined with its strength and corrosion resistance, make it particularly appealing for industries like aerospace, automotive, and medical devices, where reducing weight without sacrificing performance is crucial. Porous titanium's ability to maintain structural integrity while offering significant weight savings gives it an edge over conventional materials, especially in applications demanding high strength-to-weight ratios. Furthermore, advancements in manufacturing techniques such as powder metallurgy, additive manufacturing, and space-holder methods have allowed for greater control over porosity and mechanical properties, making it possible to tailor porous titanium to specific structural needs.

However, challenges remain, particularly concerning the cost and durability of porous titanium. Manufacturing porous titanium, especially through additive manufacturing processes like selective laser melting, remains costly, limiting its widespread adoption for large-scale structural applications. Additionally, the durability of porous titanium under extreme environmental conditions—such as high temperatures and corrosive atmospheres—still needs improvement. Research into surface treatments and hybrid materials combining porous titanium with other materials holds promise for addressing these issues. Future efforts should focus on optimizing production techniques to reduce costs and enhancing its mechanical performance through advanced modeling and design strategies.

In summary, while porous titanium shows remarkable promise as a lightweight material for structural applications, further advancements in fabrication methods, cost reduction, and durability are essential for its broader use. The ongoing research into new fabrication techniques, improved material properties, and novel applications suggests that porous titanium will play a key role in the future of structural engineering, offering effective solutions for industries where weight reduction is critical.

## REFERENCES

- [1] K. Pałka, R. Pokrowiecki, M. Krzywicka ; Porous titanium materials and applications; Journal homepage: [www.elsevier.com/titanium](http://www.elsevier.com/titanium) for consumer applications-2019
- [2] World health Organisation; Assistive Product Specification for Procurement-2018
- [3] Cozens Bankole Aiyejusunle, Ashiyat Kehinde Akodu, and Oluwadamilola Jarinat Giwa; Effects of Walking with Aids on Walking Speed and Selected Cardiovascular Parameters in Apparently Healthy Elderly Individuals; Middle East J Rehabil Health Stud. 2018 January; 5(1):2018
- [4] Melissa J. Black, Adam A. Lucero, Philip W. Fink, Lee Stoner, Sarah P. Shultz, Sally D. Lark, and David S. Rowlands; The Effects of Uniquely-Processed Titanium on Balance and Walking Performance in Healthy Older Adults; Journal of Functional Biomaterials. -2018
- [5] Costamagna, E, Thies, SBA, Kenney, LPJ, Howard, D, Liu, A and Ogden; A generalizable methodology for stability assessment of walking aid user: 2017
- [6] Nickpour, F., & O'Sullivan, C. (2016). Designing an Innovative Walking Aid Kit; A Case Study of Design in Inclusive Healthcare Products. *Designing Around People*, 45–54. doi:10.1007/978-3-319-29498-8\_5
- [7] Mansouri, N., & Goher, K. (2016). Walking Aids for Older Adults: Review of End-User Needs. *Asian Social Science*, 12(12), 109. doi:10.5539/ass.v12n12p109
- [8] Arabnejad, S., Johnston, B., Tanzer, M., & Pasini, D. (2016). Fully porous 3D printed titanium femoral stem to reduce stress-shielding following total hip arthroplasty. *Journal of Orthopaedic Research*, 35(8), 1774–1783. doi:10.1002/jor.23445
- [9] Tang, H. P., Wang, J., & Qian, M. (2015). Porous titanium structures and applications. *Titanium Powder Metallurgy*, 533–554. doi:10.1016/b978-0-12-800054-0.00028-9
- [10] O'Hare, M. P., Pryde, S. J., & Gracey, J. H. (2013). A systematic review of the evidence for the provision of walking frames for older people. *Physical Therapy Reviews*, 18(1), 11–23. doi:10.1179/1743288x12y.0000000036
- [11] Parthasarathy, J., Starly, B., & Raman, S. (2011). A design for the additive manufacture of functionally graded porous structures with tailored mechanical properties for biomedical applications. *Journal of Manufacturing Processes*, 13(2), 160–170.
- [12] Goberman-Hill, R., & Ebrahim, S. (2007). Making decisions about simple interventions: older people's use of walking aids. *Age and Ageing*, 36(5), 569–573. doi:10.1093/ageing/afm095

- [13] S.W. Kim, H. Do Jung, M.H. Kang, H.E. Kim, Y.H. Koh, Y. Estrin, Fabrication of porous titanium scaffold with controlled porous structure and net-shape using magnesium as spacer. *Mater. Sci. Eng. C* 33 (2013) 2808–2815, <https://doi.org/10.1016/j.msec.2013.03.011>.
- [14] Nouri, P.D. Hodgson, C. We, Biomimetic porous titanium scaffolds for orthopedic and dental applications. in: *Biomimetics Learning From Nature*, In Tech, 2010, <https://doi.org/10.5772/8787>.
- [15] Z. Wally, W. van Grunsven, F. Claeysens, R. Goodall, G. Reilly, Porous titanium for dental implant applications. *Mater. Met.* 5 (2015) 1902–1920, <https://doi.org/10.3390/met5041902>.
- [16] M. Mour, D. Das, T. Winkler, E. Hoenig, G. Mielke, M.M. Morlock, A.F. Schilling, Advances in porous biomaterials for dental and orthopaedic applications. *Mater. Met.* 3 (2010) 2947–2974, <https://doi.org/10.3390/ma3052947>.
- [17] Amherd Hidalgo, R. Frykholm, T. Ebel, F. Pyczak, Powder metallurgy strategies to improve properties and processing of titanium alloys: a review. *Adv. Eng. Mater.* 19 (2017) 1–14, <https://doi.org/10.1002/adem.201600743>.
- [18] Z.Z. Fang, J.D. Paramore, P. Sun, K.S.R. Chandran, Y. Zhang, Y. Xia, F. Cao, M. Koopman, M. Free, Powder metallurgy of titanium - past, present, and future. *Int. Mater. Rev.* (2017) 1–53, <https://doi.org/10.1080/09506608.2017.1366003>.
- [19] I.Inagaki, T.Takechi, Y.Shirai, N.Ariyasu, Application and features of titanium for the aerospace industry, *Nippon Steel & Sumitomo Metal Technical Report*106(2014) 22–27.
- [20] H. Clemens, S.Mayer, Design, processing, microstructure, properties, and applications of advanced inter metallic TiAl alloys, *Adv.Eng.Mater.*15(4)(2013)191–215.
- [21] NICE. Falls in older people: assessing risk and prevention. 2013; Available from: <http://www.nice.org.uk/guidance/cg161/chapter/introduction>.
- [22] Jeka JJ. Light touch contact as a balance aid. *Phys Ther* 1997;77(5):476–87.
- [23] Wang T, et al. Walking analysis of young and elderly people by using an intelligent walker ANG. *Robot Auton Syst* 2016;75:96–106
- [24] Costamagna E, Thies SB, Kenney LPJ, Howard D, Liu A, Ogden D. A generalisable methodology for stability assessment of walking aid users. *Med Eng Phys.* 2017;47:167–75.
- [25] Van der Esch M, Heijmans M, Dekker J. Factors contributing to possession and use of walking aids among persons with rheumatoid arthritis and osteoarthritis. *Arthritis Care Res.*2003;49(Pt 6):838–42.
- [26] Anslow R, Pinnington LL, Pratt DJ, Spicer J, Ward CD, Weyman N. Stability and manoeuvrability of wheeled walking frames. *Physiotherapy.* 2001;87(Pt 8):402–12.
- [27] Edwards NI, Jones DA. Ownership and use of assistive devices amongst older people in the community. *Age Ageing.* 1998;27:463–8.
- [28] Bateni H, Maki BE. Assistive devices for balance and mobility: benefits, demands and adverse consequences. *Arch Phys Med Rehabil.* 2005; 86:134–43.
- [29] Ivanoff SD, Sonn U. Changes in the use of assistive devices among 90-year-old persons. *Aging Clin Exp Res.* 2005;17:246–51.
- [30] Aveyard H. *Doing a literature review in health and social care. A practical guide.* Glasgow: Open University Press; 2007
- [31] Honeyman P, Barr P, Stubbing DG. Effect of a walking aid on disability, oxygenation, and breathlessness in patients with chronic airflow limitation. *J Cardiopul Rehabil.* 1996;16:63–7.
- [32] Brooks LL, Wertsch JJ, Duthie EH. Use of devices for mobility by the elderly. *Wis Med J.* 1994;93(Pt 1):16–20.
- [33] Takanokura M. Optimal handgrip height of four wheeled walker on various road conditions to reduce muscular load for elderly users with steady walking. *J Biomech.* 2010;43(Pt 5):843–8.
- [34] Nabizadeh SA, Hardee TB, Towler MA, Chen VT, Edlich RF. Technical considerations in the selection and performance of walkers. *J Burn Care Rehabil.* 1993;14:182–8.
- [35] Wu SY, Wang JD, Zou LY, Jin L, Wang ZL, Li Y. A three-dimensional hydroxyapatite/polyacrylonitrile composite scaffold designed for bone tissue engineering. *RSC Adv* 2018;8(4):1730–6.
- [36] Yan Y, Kang YJ, Li D, Yu K, Xiao T, Wang QY, et al. Microstructure, mechanical properties and corrosion behavior of porous Mg-6 wt.% Zn scaffolds for bone tissue engineering. *J Mater Eng Perform* 2018;27(3):970–84.
- [37] Zhou CC, Ye XJ, Fan YJ, Ma L, Tan YF, Qing FZ, et al. Biomimetic fabrication of a three-level hierarchical calcium phosphate/collagen/hydroxyapatite scaffold for bone tissue engineering. *Biofabrication* 2014;6(3).
- [38] Zhang K, Fan YB, Dunne N, Li XM. Effect of microporosity on scaffolds for bone tissue engineering. *Regen Biomater* 2018;5(2):115–24

- [39] Yousefi AM, Hoque ME, Prasad RGSV and Uth N. Current strategies in multiphasic scaffold design for osteochondral tissue engineering: a review. *J Biomed Mater Res A* 2015; 103:2460-2481.
- [40] Yan C, Liang H, Hussein A and Young P. Ti-6Al-4V triply periodic minimal surface structures for bone implants fabricated via selective laser melting. *J Mech Behav Biomed Mater* 2015;51: 61-73.
- [41] Li G, Lei W, Wei P, Fei Y, Jiang W, Wu X, Kong X, Dai K and Hao Y. In vitro and in vivo study of additive manufactured porous Ti6Al4V scaffolds for repairing bone defects. *Sci Rep* 2016; 6: 34072.
- [42] Helguero CG, Amaya JL, Komatsu DE, Pentylala S, Mustahsan V, Ramirez EA and Kao I. Trabecular scaffolds' mechanical properties of bone reconstruction using biomimetic implants. *Procedia Cirp* 2017; 65: 121-126.
- [43] Leong KF, Chua CK, Sudarmadji N and Yeong WY. Engineering functionally graded tissue engineering scaffolds. *J Mech Behav Biomed Mater* 2008; 1: 140
- [44] Wang Y, Shen Y, Wang Z, Yang J, Liu N and Huang W. Development of highly porous titanium scaffolds by selective laser melting. *Materials Letters* 2010; 64: 674-676.
- [45] Yan C, Liang H and Raymond D. Evaluations of cellular lattice structures manufactured using selective laser melting. *International Journal of Machine Tools & Manufacture* 2012; 62: 32.
- [46] Montazerian H, Davoodi E, Asadi-Eydivand M, Kadkhodapour J and Solati-Hashjin M. Porous scaffold internal architecture design based on minimal surfaces: a compromise between permeability and elastic properties. *Materials & Design* 2017; 126: 98-114.
- [47] Yoo D. Heterogeneous minimal surface porous scaffold design using the distance field and radial basis functions. *Med Eng Phys* 2012; 34:625-639.
- [48] Afshar M, Anaraki AP, Montazerian H and Kadkhodapour J. Additive manufacturing and mechanical characterization of graded porosity scaffolds designed based on triply periodic minimal surface architectures. *J Mech Behav Biomed Mater* 2016; 62: 481.
- [49] Yang N, Quan Z, Zhang D and Tian Y. Multimorphology transition hybridization CAD design of minimal surface porous structures for use in tissue engineering. *Computer-Aided Design* 2014; 56: 11-21.
- [50] Yang N, Tian Y and Zhang D. Novel real function-based method to construct heterogeneous porous scaffolds and additive manufacturing for use in medical engineering. *Med Eng Phys* 2015; 37: 1037-1046.